



Stop bed bugs!

You can help keep bed bugs out of your home. Follow these simple steps to prevent and reduce bed bugs in your home.

Don't



Don't use sprays or bug bombs



Don't give them hiding spots

Don't be embarrassed to ask for help



Don't take furniture off the street



Don't store stuff under your bed



Do



Vacuum the bed



Wash bedding regularly



Report signs



Get rid of clutter



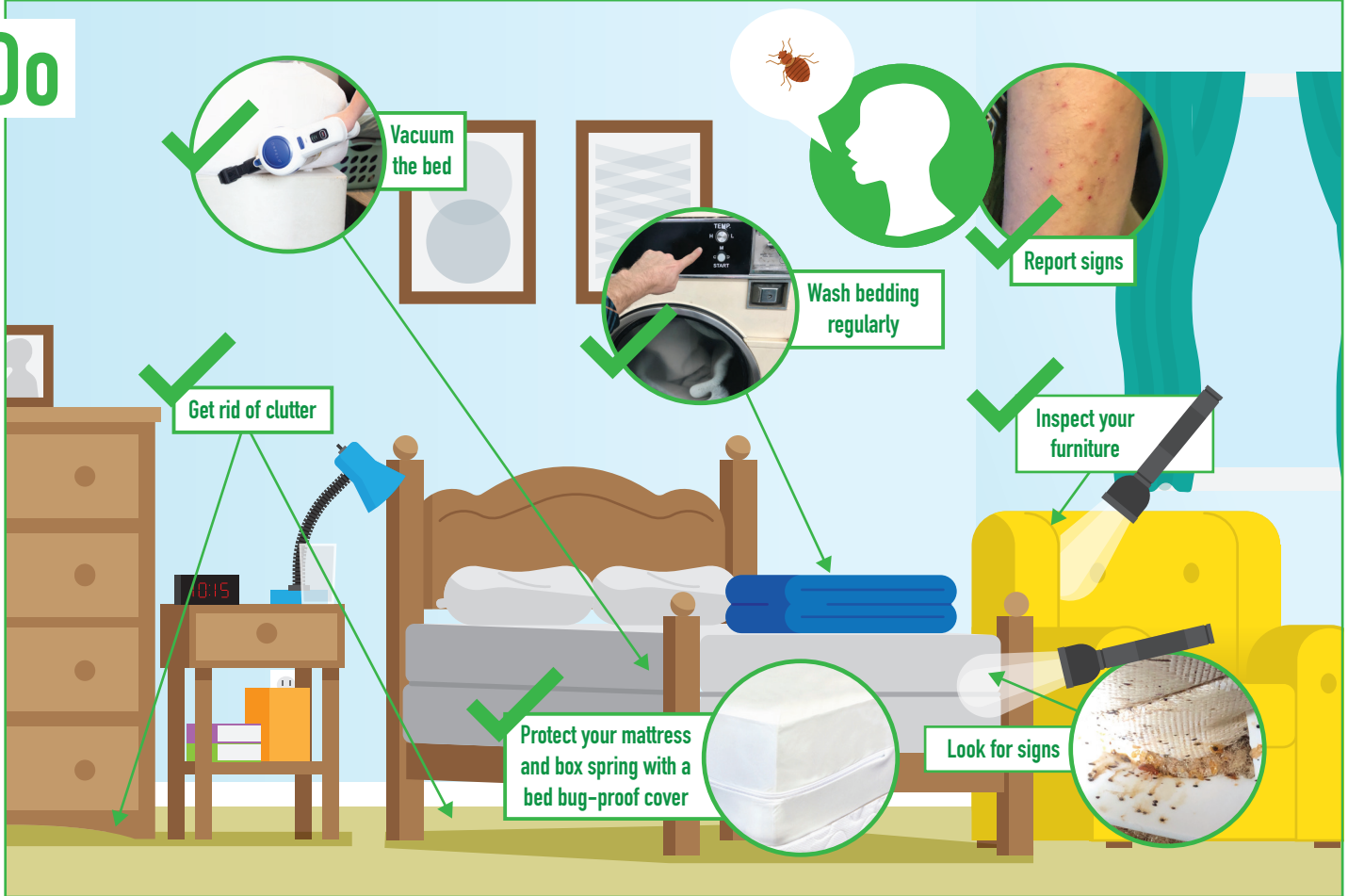
Inspect your furniture



Protect your mattress and box spring with a bed bug-proof cover



Look for signs





Look for signs of bed bugs



Multiple life stages on a nickel



Use a flashlight



Use traps



Fecal spots



Bites



Live or dead bugs and eggs



Shed skins

Call your property management office or landlord if you see any signs.



Photo credits:

Bed bugs and egg: Dong-Hwan Choe, Department of Entomology, University of California, Riverside

Scale: Whitney Cranshaw, Colorado State University, Bugwood.org

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