

# Community IPM

Manejo de las Chinchas – ¡Un Paso a la Vez!

## Paso 4: Limpia el Colchón y el Armazón de la Cama

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**1** Utilice un limpiador de vapor en el colchón y somier.



**2** Vapor (140 grados) mata a las chinchas sólo cuando hay contacto.



**3** Utilice el cepillo o la herramienta de la grieta y hendidura para vaporizar directamente sobre artículos de felpa.

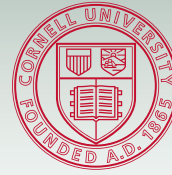


4

Limpie las superficies duras con agua tibia, jabonosa, y un cepillo de cerdas suaves. Use jabones hechos de naranja, limón o pino.



La próxima paso es *Trate con el Calor Todo lo que es Seguro para Lavar*



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For more information, see: *What's Bugging You? Bed Bugs*



See all Steps in this series: *Bed Bug Management—One Step at a Time!*