



ANYONE

CAN GET THEM

IT'S NOT YOUR FAULT.

**DON'T BE
ASHAMED**

IT'S TOTALLY NORMAL
FOR IT TO TAKE A WHILE
TO GET RID OF THEM

**DON'T
GIVE
UP** **IT'S NOT
YOUR FAULT.**

TELL SOMEONE.

ASK FOR

HELP.

LET YOUR LANDLORD KNOW

RIGHT AWAY. IT'S NOT YOUR FAULT.

YOUR LANDLORD HAS A RESPONSIBILITY TO HELP YOU.

KEEP WITH IT. **YOU CAN DO IT.**

KEEP REPORTING IT TO YOUR LAND-
LORD, IF THE BED BUGS DON'T GO AWAY AFTER THE
SPRAY. **LOOK** FOR EARLY WARNING **SIGNS:**

TINY **BLOOD SPOTS** ON YOUR SHEETS. YOU

CAN'T RELY ON BITES TO TELL IF YOU HAVE

BED BUGS. UP TO 70% OF PEOPLE DO NOT REACT TO BITES.

BED BUGS WILL NOT GO AWAY ON THEIR OWN.

THE SOONER YOU **BEGIN** TO **TAKE**

STEPS TO GET RID OF THEM, THE less time it will

take for you to be **BED BUG FREE.**