



Stop bed bugs!

You can help keep bed bugs out of your home. Follow these simple steps to prevent and reduce bed bugs in your home.

STOP
Pests
in housing
www.StopPests.org

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Center

Don't



Don't use sprays or bug bombs



Don't give them hiding spots

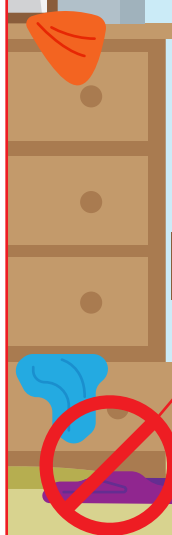
Don't be embarrassed to ask for help



Don't take furniture off the street



Don't store stuff under your bed



Do



Vacuum the bed



Report signs



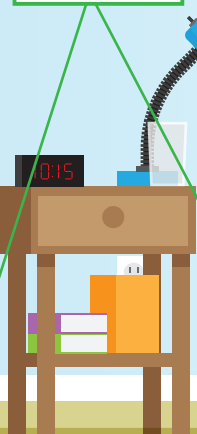
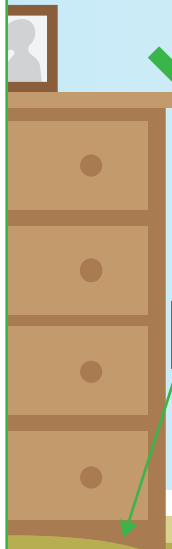
Wash bedding regularly



Get rid of clutter



Inspect your furniture



Protect your mattress and box spring with a bed bug-proof cover



Look for signs





Look for signs of bed bugs



Multiple life stages on a nickel



Use a flashlight



Use traps



Fecal spots



Bites



Live or dead bugs and eggs



Shed skins

Call your property management office or landlord if you see any signs.



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Photo credits:

Bed bugs and egg: Dong-Hwan Choe, Department of Entomology, University of California, Riverside

Scale: Whitney Cranshaw, Colorado State University, Bugwood.org

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